

Prayer Timetable for May 2026 - Fredrikstad, Ostfold, Norway

| Date | Day | Fajr | Shuruq | Dhuha | Dhuhr | 'Asr | Maghrib | Isha' | Qibla Hour |
|------------|-----------|-------|--------|-------|-------|-------|---------|-------|------------|
| 01-05-2026 | Friday | 04:10 | 05:18 | 06:07 | 13:17 | 17:24 | 21:10 | 22:20 | 11:06 |
| 02-05-2026 | Saturday | 04:08 | 05:16 | 06:05 | 13:17 | 17:25 | 21:12 | 22:21 | 11:07 |
| 03-05-2026 | Sunday | 04:06 | 05:13 | 06:02 | 13:17 | 17:26 | 21:14 | 22:23 | 11:07 |
| 04-05-2026 | Monday | 04:05 | 05:11 | 06:00 | 13:17 | 17:27 | 21:17 | 22:25 | 11:08 |
| 05-05-2026 | Tuesday | 04:03 | 05:08 | 05:58 | 13:17 | 17:28 | 21:19 | 22:26 | 11:07 |
| 06-05-2026 | Wednesday | 04:01 | 05:05 | 05:56 | 13:16 | 17:29 | 21:21 | 22:28 | 11:08 |
| 07-05-2026 | Thursday | 03:59 | 05:03 | 05:54 | 13:16 | 17:30 | 21:24 | 22:30 | 11:08 |
| 08-05-2026 | Friday | 03:57 | 05:00 | 05:51 | 13:16 | 17:31 | 21:26 | 22:31 | 11:09 |
| 09-05-2026 | Saturday | 03:56 | 04:58 | 05:49 | 13:16 | 17:32 | 21:28 | 22:33 | 11:09 |
| 10-05-2026 | Sunday | 03:54 | 04:56 | 05:47 | 13:16 | 17:33 | 21:31 | 22:35 | 11:09 |
| 11-05-2026 | Monday | 03:52 | 04:53 | 05:45 | 13:16 | 17:34 | 21:33 | 22:36 | 11:10 |
| 12-05-2026 | Tuesday | 03:50 | 04:51 | 05:43 | 13:16 | 17:35 | 21:35 | 22:38 | 11:10 |
| 13-05-2026 | Wednesday | 03:49 | 04:49 | 05:41 | 13:16 | 17:36 | 21:38 | 22:39 | 11:11 |
| 14-05-2026 | Thursday | 03:47 | 04:46 | 05:39 | 13:16 | 17:37 | 21:40 | 22:41 | 11:11 |
| 15-05-2026 | Friday | 03:46 | 04:44 | 05:37 | 13:16 | 17:38 | 21:42 | 22:43 | 11:11 |
| 16-05-2026 | Saturday | 03:44 | 04:42 | 05:35 | 13:16 | 17:38 | 21:44 | 22:44 | 11:12 |
| 17-05-2026 | Sunday | 03:42 | 04:40 | 05:34 | 13:16 | 17:39 | 21:47 | 22:46 | 11:12 |
| 18-05-2026 | Monday | 03:41 | 04:38 | 05:32 | 13:16 | 17:40 | 21:49 | 22:47 | 11:13 |
| 19-05-2026 | Tuesday | 03:39 | 04:35 | 05:30 | 13:16 | 17:41 | 21:51 | 22:49 | 11:13 |
| 20-05-2026 | Wednesday | 03:38 | 04:33 | 05:28 | 13:16 | 17:42 | 21:53 | 22:51 | 11:13 |
| 21-05-2026 | Thursday | 03:37 | 04:31 | 05:27 | 13:16 | 17:43 | 21:55 | 22:52 | 11:14 |
| 22-05-2026 | Friday | 03:35 | 04:29 | 05:25 | 13:16 | 17:43 | 21:57 | 22:54 | 11:14 |
| 23-05-2026 | Saturday | 03:34 | 04:28 | 05:24 | 13:16 | 17:44 | 21:59 | 22:55 | 11:15 |
| 24-05-2026 | Sunday | 03:32 | 04:26 | 05:22 | 13:17 | 17:45 | 22:01 | 22:57 | 11:16 |
| 25-05-2026 | Monday | 03:31 | 04:24 | 05:21 | 13:17 | 17:46 | 22:03 | 22:58 | 11:16 |
| 26-05-2026 | Tuesday | 03:30 | 04:22 | 05:19 | 13:17 | 17:46 | 22:05 | 23:00 | 11:16 |
| 27-05-2026 | Wednesday | 03:29 | 04:20 | 05:18 | 13:17 | 17:47 | 22:07 | 23:01 | 11:16 |
| 28-05-2026 | Thursday | 03:28 | 04:19 | 05:17 | 13:17 | 17:48 | 22:09 | 23:02 | 11:17 |
| 29-05-2026 | Friday | 03:27 | 04:17 | 05:15 | 13:17 | 17:48 | 22:11 | 23:04 | 11:17 |
| 30-05-2026 | Saturday | 03:26 | 04:16 | 05:14 | 13:17 | 17:49 | 22:13 | 23:05 | 11:17 |
| 31-05-2026 | Sunday | 03:24 | 04:14 | 05:13 | 13:17 | 17:50 | 22:15 | 23:06 | 11:17 |

Prayer times were calculated based on *Muslim World League* criterion.

Qibla Hour is the time when the sun is at the direction of Qibla (Makkah) or opposite of it (times in bracket).

Prepared by: [Alhabib - Coloring with Islam - www.al-habib.info](http://www.al-habib.info)